

Ideas and Suggestions for Supporting Sun and UV Protection at Work

sun & uv awareness

You can help your employees to protect themselves from excessive UV exposure at work by creating a supportive environment. For example:

- **Create your own workplace policy on UV radiation** using the samples and tips featured in the Healthy Workplaces program and available for download from the Administrator Tools section of the Sun and UV Awareness module.
- **Provide shade**—patio umbrellas, awnings, etc.—for any outdoor areas that employees use for breaks.
- If you organize outdoor events for employees—golf tournaments, staff picnics, etc.—**provide shaded seating and encourage safe-sun practices.**
- When you are planning work schedules and events that require your employees to be working outdoors, **ensure your employees will have access to shade.**
- **Use points-of-decision prompts.** These are cues posted at strategic locations where individuals can make a choice about putting on sunscreen, etc. For example, place reminders to cover up on doors leading outside.

