

COVID-19

STAY SAFE IN THE WORKPLACE



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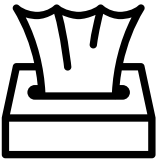
Handwashing

Wash your hands frequently with soap and water for at least 20 seconds. If soap and water aren't available, use an alcohol based sanitizer.



Don't touch your face

Avoid touching your eyes, nose and hands, especially with unwashed hands.



Coughing and sneezing

Cover your cough or sneeze in your elbow or in a tissue. Throw away used tissues immediately after use and wash your hands after.



Physical/social distance

Make sure to keep at least 2 meters distance from others. Avoid common greetings such as handshakes, and avoid non-essential gatherings. Limit contact with people who are considered to be at high risk.



Cleaning

Frequently clean and disinfect all touched objects and surfaces.



Stay home when sick

When you are feeling sick, stay at home and avoid contact with others.

Click [here](#) for the latest updates from the government