COVID-19
TIPS TO SUPPORT YOUR EMPLOYEES

Canadian Cancer Society | Healthy Workplaces | Powered by iA Financial Group

Stay connected

Staying at home and working remotely can make people feel isolated. It's important to check in with your staff. Video calls are a great way to check in with your employees to see how they are doing. Be aware of changes in an employee's personality, it may be a sign that a person is struggling. Share our mental well-being toolkit for tips on how to stay productive and positive while working at home.

Show empathy

Understand that your employees can feel overwhelmed or anxious about the virus and the uncertainty that comes with it. Make time to talk to your staff and answer questions they might have.

Appreciate your employees

Recognize the hard work of your employees in these difficult times. Many people are struggling to feel productive while working at home. Make sure to tell your staff they are appreciated for their work.

Provide resources

Working from home can be a challenge for everyone. Provide your employees with our Healthy @ Home resources to ensure they are staying healthy while working at home.

Encourage online learning

This is a great time to encourage your staff to increase their skills with online training. Focussing on learning is a good distraction from worrying about other issues. Look up interesting online trainings to recommend to your employees.

Click here for the latest updates from the government