

## How to help employees limit their vaping









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Healthy Workplaces



Post information about the health risks and importance of limiting vaping



Provide employees with resources to get help quitting vaping



Offer a safe and supportive environment for employees to share stories and tips



Display flyers with information about the alternative cessation aids available to help quit smoking conventional cigarettes

For the most up-to-date information on vaping and available resources, visit canada.ca/vaping



Healthy Workplaces



